



LINDEN LEAVES
DAY
SPA



welcome to our haven.

Linden Leaves Day Spa is the perfect sanctuary to relax and revitalise.

Pamper yourself with a beautiful Linden Leaves massage or a facial, or enjoy our personal grooming services.

Experience the benefits of in-spa room service with a light snack or refreshing drink out on our private terrace.

You may like to treat yourself to a full or half day package and enjoy a day out - swimming, sunshine and a delicious light meal at the restaurant, pool or spa.

Linden Leaves Day Spa is also available to hire for wedding parties, spa parties and corporate functions.

www.lindenleavesdayspa.co.nz

The perfect way to say you care...

Give the gift of relaxation - Linden Leaves Day Spa gift vouchers are available from the spa and at hotel reception.

spa etiquette

Our focus is on wellbeing and our goal is to create a sanctuary where our clients can relax and revitalise.

We request that you leave mobile phones switched off to preserve our relaxing atmosphere.

Please book your appointment with reception prior to your arrival so that we can optimally accommodate your needs. Please aim to arrive at least 10 minutes before your treatment so you have time to prepare and do not feel rushed. Appointments will start and end on time in order to not inconvenience the next guest.

Please notify us if you have a heart condition, high blood pressure, other physical ailments or disabilities, or if you are pregnant, so that we can recommend the appropriate treatments. Please ask your doctor prior to the use of our Day Spa.

It is important to drink a lot of water after your treatment and complimentary water is available for our guests. Room service drinks and snacks can also be ordered to the spa on request. If time allows, we invite you to take some time out and continue relaxing afterwards to enjoy the full effect of your experience here with us.

Our Day Spa is a smoke-free environment.

Linden Leaves therapists are trained to ensure your privacy and comfort at all times. It is advisable to wear underwear or swimwear for most treatments. Our therapists are trained to cover you appropriately during treatments. Any inappropriate behaviour during treatments will be immediately reported and the treatment terminated. This occurs at the discretion of the therapist and you will be charged in full.

Linden Leaves Day Spa does not assume liability for your valuables. Please either leave them in a secure place or keep them with you during your time at the spa. A safe can be made available on request.

For optimum results, we recommend men to shave on the day of a facial.

Please note, guests enjoying the swimming pool facility swim at their own risk - please take care.

Cancellation Policy:

Please note that appointments cancelled less than 12 hours prior incur a 50% treatment charge. Appointments will only be held for a maximum of 15 minutes. If you arrive late, your treatment time may be reduced and you will be charged the full tariff price. Guests from outside the hotel will be asked to provide a credit card at the time of booking.



treatments and services

Our goal is to assist you in maintaining the benefits of your day spa experience in your own home until your next visit to us.

Linden Leaves Day Spa offers a wonderful selection of relaxation and grooming treatments working with quality products including natural skincare products from Linden Leaves New Zealand. Linden Leaves products are also available for purchase, for you to take home and enjoy or give as a gift.

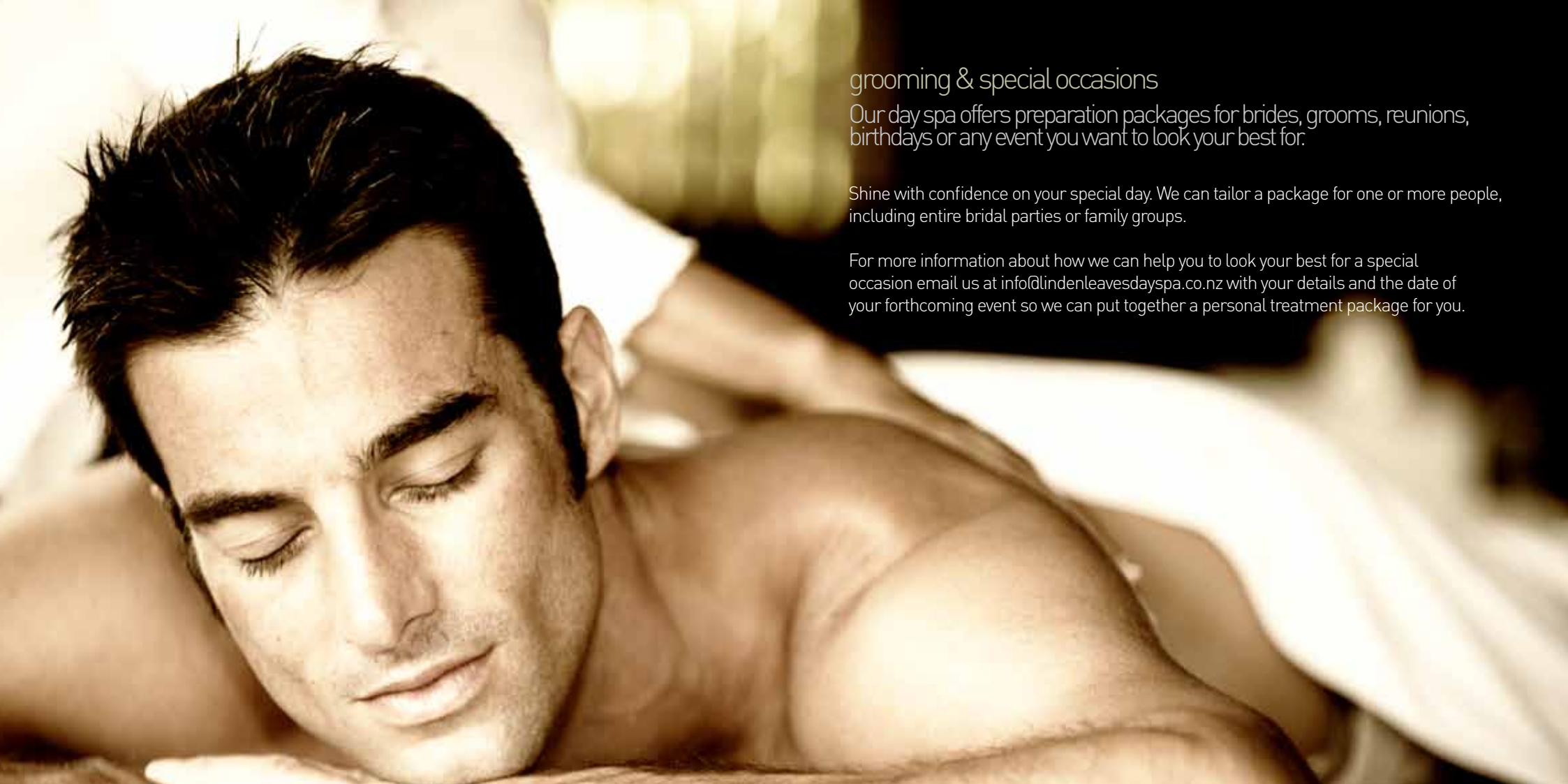
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Our services include facial treatments, massage therapy and grooming services for men, women and teens. We recognise that every person is unique and are happy to offer individualised treatments and services on request.

We welcome under 18 guests to the Day Spa for treatments and services. Some treatments require written permission from a parent or guardian for people under 18. Please check with our team prior to booking your appointment to avoid disappointment.

Our therapists are trained to assist you with finding the best solutions for your particular skin and body. Please feel free to discuss your needs or skin concerns with our therapists. Consultation appointments may be booked at no charge.

For more information about Linden Leaves products please visit www.lindenleaves.com



grooming & special occasions

Our day spa offers preparation packages for brides, grooms, reunions, birthdays or any event you want to look your best for.

Shine with confidence on your special day. We can tailor a package for one or more people, including entire bridal parties or family groups.

For more information about how we can help you to look your best for a special occasion email us at info@lindenleavesdayspa.co.nz with your details and the date of your forthcoming event so we can put together a personal treatment package for you.

Facial treatments

Express Facial 30 mins	\$75
Purity Facial 60 mins	\$120
Premium anti-aging facial 60 mins	\$145
Men's Facial 60 mins	\$120

Massage treatments

Swedish massage treatments with your personal selection of Linden Leaves aromatherapy synergy oil.

30 minutes	\$60
60 minutes	\$98
90 minutes	\$140
Hot stone massage 90 mins	\$160

Hands & feet

Express manicure 30 mins	\$50
Manicure 60 mins	\$75
Express Pedicure 30 mins	\$55
Pedicure 60 mins	\$85
Nail Colour	\$10
French Polish	\$15

Make up

Make up after facial	\$15
Special occasion makeup	P.O.A

Lashes & brows

Lash tint during facial	\$25
Lash tint 15 mins	\$30
Brow tint 15 mins	\$25
Lash & brow tint 15-20 mins	\$40
Brow shape – tweezers 12-15 mins	\$18
Brow shape – wax 15 mins	\$20
Brow shape & tint 20 mins	\$35
Eye trio – shape, lash & brow tint 30 mins	\$45

Waxing

Face	P.O.A
Lip 10-15 mins	\$18
Underarm 10-15 mins	\$25
Bikini 20 mins	\$30
Bikini & underarm 30 mins	\$55
Half leg 20 mins	\$40
Three quarter leg 25 mins	\$65
Full leg 30 mins	\$68
Full leg & bikini 45 mins	\$85
Full leg, bikini & underarm 60 mins	\$90
Forearms 20-30 mins	\$50
Brazilian - first time 30 mins	\$65
Brazilian - maintenance 10-15 mins	\$45
Full leg & Brazilian - first time 60 mins	\$115
Full leg & Brazilian maintenance 45 mins	\$100

Men's waxing

Back waxing 15-35 mins	\$45
Chest & shoulders 20 mins	\$50

Special occasions

Bridal party package	P.O.A
Groom's manicure 10-15 mins	\$55
High tea and treatment	P.O.A
Light lunch and treatment	P.O.A
Poolside pampering	P.O.A
Full Day Spa hire	P.O.A



Wednesday - Saturday 11.00 am - 6.30 pm
189 Deans Avenue, Christchurch
Telephone (03) 348 8999
www.lindenleavesdayspa.co.nz

